

<b>Position</b>	<b>Full name</b>	<b>Gender</b>	<b>Age Cat</b>	<b>10k finish time</b>
1	Jack Dakin	m	MS	00:34:48
2	Chris Nicoll	m	MV50	00:35:22
3	Archie winson	m	MU20	00:37:40
4	Daniel Bladon	m	MS	00:38:03
5	Sebastien Van Dijk	m	MS	00:38:24
6	Tom Jackson	m	MS	00:38:51
7	Martin Barradell	m	MS	00:38:51
8	Russell Parkin	m	MV50	00:38:57
9	Paul Christmas	m	MV50	00:39:05
10	David Pettit	m	MS	00:39:16
11	Will Hoyland	m	MS	00:39:37
12	Darren Powell	m	MV40	00:39:40
13	Dominic Barnett-May	m	MS	00:39:55
14	Alex Vize	m	MS	00:40:06
15	Sam Holgate	m	MS	00:40:27
16	Andrew Curtis	m	MS	00:40:43
17	Wilfried Lefranc	m	MV40	00:41:19
18	Denney Lau	m	MS	00:41:25
19	Richard Tissington	m	MV40	00:41:25
20	Lewis Kirk	m	MS	00:41:31
21	Pete Honniball	m	MS	00:41:38
22	Christopher Bye	m	MS	00:41:49
23	Marcus Cason	m	MV40	00:41:57
24	Nigel Harvey	m	MV40	00:42:00
25	Zeique Robinson	m	MV40	00:42:03
26	Andrew Bostock	m	MS	00:42:10
27	Tristan Cooper	m	MS	00:42:29
28	Chris Wild	m	MS	00:42:55
29	Ken Lyon	m	MS	00:43:04
30	Ron Cattle	m	MV70+	00:43:13
31	Ben Needham	m	MV40	00:43:18
32	Damon John Freeston	m	MV50	00:43:18
33	Martin Newman	m	MV50	00:43:21
34	Alan Saywell	m	MV50	00:43:24
35	Adam Coleman	m	MV40	00:43:47
36	neil saxon	m	MV50	00:43:56
37	Ian Turner	m	MV40	00:44:01
38	Craig Fisher	m	MV50	00:44:22
39	Mark Hulands	m	MV50	00:44:34
40	Christopher Banks	m	MS	00:44:37
41	Carl James	m	MS	00:44:38
42	Samuel Lander	m	MS	00:44:58
43	Shaun Weston	m	MS	00:45:07
44	Christopher Johnson	m	MV40	00:45:12
45	Andrew Varney	m	MV50	00:45:17
46	Jamie Harris	m	MV40	00:45:24
47	Richard Crane	m	MV40	00:45:26
48	Alex Rowell	m	MS	00:45:27
49	Adam Chamberlain	m	MS	00:45:38

50	Richard Myers	m	MV40	00:45:38
51	Ben Broughton	m	MS	00:45:39
52	Daniel Storry	m	MS	00:45:39
53	Phil Cordon	m	MV50	00:45:46
54	Graham Abbott	m	MV40	00:45:50
55	Jason Hughes	m	MV40	00:45:52
56	Andrew Brightmore	m	MS	00:45:55
57	Tom Godfrey	m	MS	00:45:55
58	Christopher Field	m	MV50	00:46:00
59	Bally Atwal	m	MV40	00:46:10
60	Danny Corbett	m	MS	00:46:14
61	Dean mills	m	MV40	00:46:22
62	Christopher Paget	m	MS	00:46:28
63	Les Goodwin	m	MV40	00:46:33
64	Jason Taylor	m	MV40	00:46:40
65	Edward Foulds	m	MU20	00:46:54
66	Martin wodc9cn	m	MV40	00:47:00
67	Greg Timson	m	MS	00:47:19
68	Tom Wright	m	MS	00:47:23
69	Antony Cooper	m	MS	00:47:24
70	Chris Laban	m	MV40	00:47:33
71	Liam Statham	m	MS	00:47:40
72	Will Galloway-Grant	m	MV40	00:47:43
73	Danilo Di Stefano	m	MS	00:47:46
74	Christopher Halliday	m	MV40	00:47:49
75	James beeston	m	MS	00:47:53
76	Patrick Morris	m	MV50	00:47:54
77	Christopher Frost	m	MS	00:47:59
78	Geoffrey Rowlands	m	MS	00:47:59
79	David Fryer	m	MS	00:48:00
80	Leon Mrvik	m	MS	00:48:01
81	Michael Wheatcroft	m	MS	00:48:05
82	John Ryan	m	MV40	00:48:05
83	Stephen Watson	m	MS	00:48:12
84	Ben Spencer	m	MV40	00:48:12
85	Anthony Power	m	MV50	00:48:13
86	Daniel David Nelson	m	MV40	00:48:15
87	Frank Thompson	m	MV40	00:48:16
88	Reece Astle	m	MS	00:48:18
89	Michael (Mike) Davey	m	MV70+	00:48:20
90	Martin Andrew Smith	m	MV50	00:48:21
91	Richard Berry	m	MV40	00:48:22
92	Damien Gultig	m	MS	00:48:43
93	Julian Hill	m	MV40	00:48:44
94	Dom Taylor	m	MV40	00:48:51
95	Andrew Easter	m	MS	00:48:52
96	Matty Canner	m	MS	00:48:55
97	Steve Batchelor	m	MV40	00:48:55
98	Keith sheldon	m	MV50	00:48:56
99	James Holgate	m	MS	00:48:57

100	Craig Summers	m	MV40	00:48:57
101	Michael Wheeler	m	MS	00:49:01
102	Darrell Ford	m	MV50	00:49:03
103	Mark Jonathan Hickman	m	MV40	00:49:05
104	Andy Bamford	m	MV40	00:49:05
105	Martin lynch	m	MV40	00:49:10
106	Dan Simmons	m	MS	00:49:11
107	Philip walker	m	MV50	00:49:11
108	Kurtis Shaw	m	MS	00:49:12
109	Paul Stacey	m	MS	00:49:14
110	Danny Slater	m	MS	00:49:21
111	James Marsden	m	MS	00:49:27
112	Alex Bancroft	m	MS	00:49:37
113	Chris Potts	m	MV50	00:49:37
114	Chris Girling	m	MS	00:49:42
115	Phil Brailsford	m	MV50	00:49:44
116	Mr Phil Kinner	m	MV40	00:49:48
117	Gavin Wilkinson	m	MS	00:49:50
118	Wayne Collings	m	MV40	00:49:51
119	Martin Connolly	m	MS	00:49:59
120	Matt Benfield	m	MV40	00:50:00
121	Stephen Alan Smith	m	MV50	00:50:00
122	Ashley Toon	m	MS	00:50:04
123	Jeff Shaw	m	MV50	00:50:10
124	Rob McBride	m	MS	00:50:29
125	Andrew Ward	m	MV60	00:50:32
126	Lee Bartram	m	MV40	00:50:34
127	Robert Helliwell	m	MS	00:50:36
128	Peter Roe	m	MS	00:50:41
129	Ben Arthurs	m	MS	00:50:42
130	Steve Wragg	m	MV50	00:50:43
131	Will Evans	m	MV40	00:50:53
132	Andrew Dent	m	MS	00:50:55
133	Fraser Thompson	m	MV60	00:50:56
134	Carl Wakeling	m	MV40	00:50:59
135	Shaun Cowley	m	MV40	00:51:12
136	Christophe Lamarliere	m	MV40	00:51:17
137	Anthony brian	m	MS	00:51:19
138	bobby chatha	m	MV40	00:51:24
139	Alan Wileman	m	MV40	00:51:30
140	Rob Crossland-Diskin	m	MS	00:51:32
141	Scott Barkston	m	MV50	00:51:47
142	Ryan Tingle	m	MS	00:51:48
143	Chris Rathbone	m	MS	00:51:49
144	Jody Morris	m	MS	00:51:50
145	Sam Castledine	m	MS	00:51:51
146	Simon Hickman	m	MV40	00:51:56
147	Petra Hunt	m	MS	00:51:59
148	Darren Cocking	m	MV50	00:52:00
149	Wojciech Jake Zyla	m	MS	00:52:02

150	Paul Parker	m	MV50	00:52:07
151	Max Johnston	m	MS	00:52:15
152	Carl Terence Southwell	m	MV60	00:52:15
153	nic straw	m	MV40	00:52:17
154	Sam mann	m	MV50	00:52:25
155	Arron Slattery	m	MS	00:52:27
156	Stephen Smith	m	MS	00:52:29
157	Alex Marshall	m	MS	00:52:33
158	Connor McCree	m	MS	00:52:37
159	Simon Smith	m	MS	00:52:41
160	Christian Sørensen	m	MV50	00:52:43
161	Mike Fallows	m	MV60	00:52:48
162	John sharpe	m	MV40	00:52:51
163	Stephen David Land	m	MV50	00:52:52
164	Peter Howe	m	MV60	00:52:53
165	Paul Whitfield	m	MV40	00:52:56
166	Colin Anderson	m	MS	00:53:06
167	Rory Kiernan	m	MS	00:53:10
168	Shane Peach	m	MS	00:53:14
169	Simon Webster	m	MV50	00:53:17
170	Jodi James	m	MS	00:53:18
171	Michael Fox	m	MS	00:53:19
172	Jeffrey Todd	m	MV40	00:53:21
173	Steven Smith	m	MV40	00:53:25
174	Mark Calladine	m	MV40	00:53:27
175	Sean Neil Martin	m	MV40	00:53:28
176	Mark Dawber	m	MV50	00:53:30
177	Lewis Cain	m	MS	00:53:31
178	Simon Wright	m	MS	00:53:33
179	David Fetherston	m	MV40	00:53:34
180	Ross Ballinger	m	MS	00:53:47
181	Kevin Butler	m	MV60	00:53:54
182	Richard Haydock	m	MS	00:53:56
183	Mark Cherriman	m	MS	00:54:03
184	Rob Higson	m	MV40	00:54:03
185	philip Standen	m	MV50	00:54:05
186	Andrew Denness-Hulland	m	MS	00:54:18
187	Robin Barber	m	MV40	00:54:21
188	Tim Stokes	m	MV40	00:54:22
189	Stuart McMahon	m	MS	00:54:26
190	Matt Owen	m	MS	00:54:27
191	Thomas Kyte	m	MS	00:54:31
192	Edoardo Gambini	m	MS	00:54:32
193	Tom England	m	MS	00:54:32
194	Oliver Weall	m	MV40	00:54:35
195	Dave Holland	m	MV50	00:54:35
196	Mark stelmach	m	MV40	00:54:45
197	Mathew Coleman	m	MS	00:54:49
198	Matt Farr	m	MS	00:54:52
199	Samuel Ferra	m	MU20	00:54:54

200	Matthew Hunt	m	MV40	00:54:54
201	Robert Knott	m	MV50	00:54:54
202	Nicholas Hammond	m	MS	00:55:00
203	Rob Taylor	m	MS	00:55:00
204	Glyn David Burroughs	m	MV40	00:55:00
205	William Osborne	m	MV40	00:55:00
206	Dr Andrew Burnham	m	MV50	00:55:00
207	Dave Ainslie	m	MV50	00:55:00
208	Jon Doughty	m	MV50	00:55:01
209	Mark Lacey	m	MV50	00:55:12
210	Matthew Parr	m	MV40	00:55:16
211	Mark Johnson	m	MV40	00:55:21
212	Joshua Grimshaw	m	MS	00:55:22
213	Sean Barratt	m	MS	00:55:27
214	Robert Humber	m	MS	00:55:27
215	Luke Roddis	m	MS	00:55:28
216	Rob Moore	m	MV40	00:55:31
217	Stuart Gillard	m	MS	00:55:33
218	Timothy Fearn	m	MV60	00:55:34
219	Simon Whittingham	m	MS	00:55:37
220	Sarvpreet Ubee	m	MV40	00:55:44
221	Andrew Winson	m	MV40	00:55:47
222	Drew Bird	m	MV50	00:55:47
223	Chris Curtis	m	MV40	00:55:54
224	Neil Pattison	m	MV50	00:55:59
225	Stan Ralph	m	MV60	00:56:00
226	Eryk Tokarek	m	MS	00:56:02
227	Ben Hill	m	MS	00:56:05
228	Joshua Bispham	m	MS	00:56:09
229	Callum Ford	m	MS	00:56:12
230	Steven Burrill	m	MV40	00:56:13
231	John Lamb	m	MV40	00:56:15
232	Samuel Bispham	m	MS	00:56:16
233	Peter Bray	m	MV50	00:56:29
234	Ian Statham	m	MV40	00:56:34
235	Nick Baldwin	m	MS	00:56:35
236	Joe Carlon	m	MS	00:56:40
237	Graham Clarke	m	MV70+	00:56:41
238	David Margeson	m	MV40	00:56:46
239	Mark Townley-Jones	m	MV40	00:56:58
240	Paul Barlow	m	MV50	00:57:00
241	Robert Lane	m	MV40	00:57:05
242	Daniel Butcher	m	MS	00:57:11
243	David Cole	m	MV40	00:57:13
244	Chris Hallam	m	MV40	00:57:14
245	Phillip White	m	MV50	00:57:18
246	Alastair Thornton	m	MS	00:57:23
247	Matk Smithies	m	MS	00:57:24
248	Paul Harrison	m	MV50	00:57:32
249	Harvey Murray-Smith	m	MV70+	00:57:34

250	Stephen Hunt	m	MV40	00:57:37
251	Mark Conlin	m	MV50	00:57:39
252	Christopher Rawlings	m	MS	00:57:41
253	Adrian Stevenson	m	MV50	00:57:41
254	Stuart Marson	m	MV40	00:57:49
255	William Baum	m	MS	00:57:56
256	Paul Hopkin	m	MV50	00:58:08
257	Andrew Phillips	m	MV40	00:58:09
258	Sam hazzard	m	MV40	00:58:11
259	Matthew Cliffman	m	MS	00:58:12
260	Nathan Ball	m	MS	00:58:13
261	Tapan Kumar Mishra	m	MV40	00:58:21
262	John Garratt	m	MS	00:58:27
263	Lewis Cotton	m	MS	00:58:29
264	John Widdowson	m	MS	00:58:29
265	Kenny Braidley	m	MV40	00:58:34
266	Paul Blackshaw	m	MV40	00:58:34
267	Tom Curtis	m	MS	00:58:38
268	Nick Riggott	m	MV40	00:58:38
269	Keith Chandler	m	MV50	00:58:39
270	Adam Robinson	m	MS	00:58:41
271	Marc Potter	m	MS	00:58:48
272	Sean clifford	m	MV50	00:58:51
273	Euan Harwood	m	MU20	00:58:56
274	Christopher Troth	m	MS	00:59:01
275	Anthony Weaver	m	MV40	00:59:05
276	Alex McInerney	m	MS	00:59:14
277	Matt Wilkins	m	MS	00:59:14
278	Christopher Macdonald	m	MS	00:59:15
279	Clive Hannaford	m	MV50	00:59:16
280	Andrew Burgess	m	MV50	00:59:18
281	Mr Alex Samuel Warren	m	MS	00:59:21
282	Graham Oppenheimer	m	MV60	00:59:33
283	Seamus Power	m	MV50	00:59:35
284	Richard North	m	MV50	00:59:46
285	Russell John Davies	m	MV50	00:59:50
286	Alan Bailey	m	MS	00:59:53
287	Timothy Beer	m	MS	00:59:56
288	Joseph Shiwler	m	MS	01:00:00
289	William Hirst	m	MV40	01:00:00
290	Darren Wallace	m	MV40	01:00:00
291	Andrew Daykin	m	MV50	01:00:00
292	Simon Westbrooke	m	MV40	01:00:10
293	Jack Williamson	m	MS	01:00:10
294	PETER LYMER	m	MV60	01:00:17
295	Phil Mellor	m	MV60	01:00:23
296	Daniel Simpson	m	MS	01:00:29
297	David Tomlinson	m	MS	01:00:32
298	Robert Sprague	m	MS	01:00:38
299	Kevin Appleton	m	MV50	01:00:40

300	Jeremy Marler	m	MV50	01:00:40
301	Robert Atkin	m	MV60	01:00:45
302	Kevin Forrest	m	MV60	01:00:49
303	Joe Oram	m	MS	01:01:00
304	Benjamin Waterall	m	MS	01:01:00
305	Robert Anthony Hicks	m	MV50	01:01:22
306	Ben Kelsey	m	MS	01:01:26
307	Jacob Hanson	m	MS	01:01:28
308	Andy Llewellyn	m	MV40	01:01:33
309	andrew caseley	m	MV50	01:01:44
310	Eddie Grant	m	MV50	01:01:55
311	Evgenios Tsolakis	m	MS	01:02:00
312	Richard Bazire	m	MS	01:02:13
313	Darren Richards	m	MV40	01:02:21
314	Edward Tillen	m	MS	01:02:22
315	Ryan Pepper	m	MS	01:02:24
316	Tony Lesowiec	m	MV60	01:02:30
317	David Emery	m	MV40	01:02:36
318	James Miller	m	MV40	01:02:36
319	Peter Ryan	m	MV40	01:02:42
320	Kirk Main	m	MS	01:02:47
321	Terry Ahrens	m	MV50	01:02:47
322	Ryan Ingram	m	MS	01:02:51
323	Robert Stevens	m	MV60	01:02:58
324	Alex Moitt	m	MV40	01:03:00
325	Richard William Flisher	m	MV50	01:03:00
326	Yuk Wah Tsang	m	MV40	01:03:10
327	Anthony Harrison	m	MS	01:03:11
328	Gareth Moss	m	MS	01:03:27
329	Neil Dinmore	m	FV45	01:03:30
330	Simon Dowson	m	MV40	01:03:40
331	Zakariah Mohamed	m	MS	01:03:49
332	Andrew Godfrey	m	MV40	01:03:53
333	Mr Andrew Halliday	m	MS	01:03:58
334	Thomas Mann	m	MS	01:04:00
335	Zorran Carnell	m	MS	01:04:00
336	Meng Tang	m	MS	01:04:00
337	Jamie Reavey	m	MV40	01:04:00
338	Roger Cobb	m	MV60	01:04:12
339	Peter Hardy	m	MV40	01:04:18
340	James Thompson	m	MS	01:04:19
341	Thomas (Tom) Mann (f2044)	m	MS	01:04:24
342	Daniel Campbell	m	MS	01:04:29
343	Andrew Carlton	m	MV40	01:04:37
344	Anthony cook	m	MV40	01:04:44
345	Steve HOLLICK	m	MV50	01:04:46
346	Daniel Akers	m	MS	01:04:52
347	Craig Winter	m	MV50	01:04:54
348	Stephen Clements	m	MV50	01:04:54
349	Robert Stephen Swindell	m	MV70+	01:04:58

350	Patrick Jorgensen	m	MS	01:05:02
351	Sean David Thornton	m	MV40	01:05:33
352	Andrew R Pettiford	m	MV60	01:05:43
353	Robert Stone	m	MS	01:05:45
354	Graham Banks	m	MV50	01:05:48
355	Paul Garton	m	MV40	01:05:56
356	Daniel Bingham	m	MV40	01:05:57
357	Liam Power	m	MS	01:06:00
358	Stuart Adcock	m	MS	01:06:00
359	Lee Graham Harris-Redfern	m	MS	01:06:00
360	Andy Asquith	m	MS	01:06:07
361	Martyn Shore	m	MS	01:06:34
362	Bernie Sprague	m	MV60	01:06:44
363	Howell Gareth Thomas	m	MV50	01:06:47
364	Graham Prince	m	MV50	01:06:55
365	John Derry	m	MV50	01:07:00
366	Mark Hird	m	MV40	01:07:03
367	Michael Hardy	m	MS	01:07:08
368	Jonathan Grant	m	MV50	01:07:11
369	Graydon Peacock	m	MV40	01:07:14
370	Sean Tarbuck	m	MS	01:07:21
371	Ian Sykes	m	MV40	01:07:37
372	Andrew Ashby	m	MV40	01:07:53
373	Thomas Whittaker	m	MS	01:08:00
374	Mark Toplis	m	MV50	01:08:00
375	Owen Devine	m	MV70+	01:08:00
376	Christian Peckham	m	MV40	01:08:04
377	Philip Ward	m	MV50	01:08:17
378	Dennis Dickinson	m	MV70+	01:08:20
379	Steve Reid	m	MV40	01:08:21
380	Andrew Bennett	m	MV50	01:08:23
381	Jamie Cole	m	MS	01:08:28
382	Raphael Cowap	m	MS	01:08:41
383	Marc Valente	m	MS	01:08:56
384	Sam Fitzhugh	m	MS	01:09:00
385	Richard Davis	m	MV50	01:09:26
386	Allan Morton	m	MV40	01:09:29
387	Jamie Moschini	m	MV40	01:09:48
388	JOHN WHEATCROFT	m	MV60	01:09:54
389	Thomas Meadows	m	MS	01:09:56
390	Jason Storer	m	MS	01:10:11
391	Christopher Rudd	m	MV50	01:10:12
392	Paul Hitchcock	m	MV50	01:10:48
393	Sam Richardson	m	MS	01:11:00
394	Robert Thornton	m	MV60	01:11:00
395	Mark Hayes	m	MV40	01:11:17
396	Kevin George Lea	m	MV40	01:11:21
397	Colin payne	m	MV40	01:12:54
398	Darren Wright	m	MV40	01:13:00
399	Richard Catlin	m	MV40	01:13:02



400	Ben Kirkman	m	MS	01:13:30
401	Simon Foulds	m	MV40	01:14:00
402	Craig Crispin	m	MV50	01:14:00
403	Gary Lane	m	MV50	01:14:00
404	Satnam Singh	m	MV50	01:14:00
405	Peter williamson	m	FV65+	01:14:00
406	Mahfuz Samad	m	MS	01:14:17
407	Andy Saunders	m	MV50	01:14:18
408	Stephen Aynsley	m	MV70+	01:14:34
409	Mark Ransom	m	MV50	01:14:44
410	John Soloman	m	MV50	01:14:51
411	David Herrod	m	MS	01:15:00
412	Adam King	m	MV40	01:15:00
413	Timothy Mark Saddler	m	MV50	01:16:00
414	Phil Johnson	m	MV60	01:17:36
415	Christopher Hallam	m	MV60	01:17:45
416	Robert Maxwell-Jones	m	MS	01:18:16
417	William Simpson	m	MS	01:19:00
418	Sam newham	m	MV40	01:19:00
419	Peter gleeson	m	MS	01:19:04
420	Joshua Eaton	m	MU20	01:20:00
421	Matthew Roe	m	MS	01:20:03
422	Baljinder Bajaj	m	MV40	01:20:28
423	Ben eaton	m	MV40	01:21:00
424	Kevin McCree	m	MV50	01:21:00
425	Andrew Turner	m	MV40	01:21:02
426	Nirav Gandhi	m	MV40	01:21:46
427	Nathan Farrell	m	MS	01:22:00
428	Darren Hooley	m	MS	01:22:56
429	tony mark smith	m	MV40	01:23:00
430	Graham Cook	m	MV50	01:24:00
431	James W Tyrrell	m	MS	01:24:47
432	Nathan Daniel	m	MS	01:25:00
433	Steve Pilkington	m	MV40	01:25:00
434	Garry Hickton	m	MV50	01:28:00
435	Craig Chambers	m	MV40	01:32:00
436	Ian Hellen	m	MV40	01:33:10
437	Fred Shoult	m	MV50	01:34:00
438	Tim Parkes	m	MV40	01:35:00
439	Simon Willson	m	MS	01:37:34
440	Paul Mckeown	m	MV70+	01:41:00
441	David Barker	m	MV40	01:41:39
442	Timothy Drinkall	m	MS	01:48:15
443	Timothy Mark Drinkall	m	MS	01:48:49
444	Richard Knight	m	MV50	01:58:06
445	Baz Mannion	m	MS	02:25:51
	Ashley Coates	m	MS	00:00:00
	Michael Dudley	m	MS	00:00:00
	Samuel Kilsby	m	MS	00:00:00
	Elwyn Price	m	MS	00:00:00

	Matthew Gough	m	MS	00:00:00
	Wayne Van Rooyen	m	MS	00:00:00
	Thomas Harris	m	MS	00:00:00
	Jamie Angus	m	MS	00:00:00
	Chris Hawrylak	m	MV40	00:00:00
	Adrian Starkey	m	MV40	00:00:00
	James spray	m	MV40	00:00:00
	stewart flitton	m	MV40	00:00:00
	Trevor Sutcliffe	m	MV40	00:00:00
	Neil Astle	m	MV40	00:00:00
	David De Rosa	m	MV50	00:00:00



















